

If you suspect someone you care about is considering suicide **ACT** now.

ACT: Acknowledge, Care & Tell

Acknowledge

- Do take it seriously
- Do be willing to listen

Care

- Do voice your concern

Tell

- Do tell someone – parent, relative, teacher, counselor, or call

Crisis
262-657-7188

**Suicide is a permanent solution
to a temporary problem**

The ACT model for suicide prevention was developed by Screening for Mental Health, Inc. ACT is a trademark and is copyrighted by Screening for Mental Health, Inc.

www.MentalHealthScreening.org

**COMMUNITY
RESOURCE CARD
KENOSHA, WI**

Provided by
Division of Health/Department of Human Services
262-605-6700
1-800-472-8008



Funding made possible (in part by) (#SPO22112) from the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). This grant is being administered by the Wisconsin Department of Health Services, Division of Care and Treatment Services.

Rev. December 2018

<http://www.co.kenosha.wi.us/946/Community-Resources>

HOTLINES

Alcoholics Anonymous	262-554-7788
Kenosha Human Development Services (KHDS) Adult/Juvenile Crisis 24 Hrs. (info & referral)	262-657-7188
National Runaway Switchboard	1-800-236-7188
National Suicide Prevention Lifeline	1-800-786-2929
TTY-Hearing & Speech Impaired Hotline	1-800-273-TALK
WI Council on Problem Gambling	1-800-799-4889
Women and Children's Horizons Domestic Abuse or Sexual Assault	1-800-522-4700 262-652-9900 1-800-853-3503

SUPPORTIVE SERVICES

AIDS Resource Center of WI (medical, dental, & mental health services for people with HIV. Testing, education, and outreach prevention services)	262-657-6644
Birds of a Feather (substance abuse self-help groups & parenting programs)	262-605-8442
Bridges Community Center (drop in center for people with chronic mental illness)	262-657-5252
Compassionate Friends (grief support for adults after the death of a child)	262-895-4888
Grief Share (support group for adults who are grieving the loss of someone close to them)	262-658-4101
HOPELINE (24/7 emotional support text line for the state of Wisconsin)	Text HOPELINE to 741741
Kenosha Achievement Center (KAC) supporting adults and children with special needs	262-658-9500
LGBT Center (advocacy, crisis services, training & a safe space)	262-664-4100
Margaret Ann's Program (support, education & awareness for children & teens grieving a death)	262-634-2391
National Alliance on Mental Illness (NAMI) (for folks living with mental illness, their families and friends)	262-652-3606

FOOD

KAFASI – Meals on Wheels (Senior dining program)	262-658-0237
Kenosha County Job Center (Food Share application)	262-697-4500
Kenosha County Center (Food Share application)	262-857-1967
Salvation Army (food pantry)	262-564-0286
Shalom Center (soup kitchen & food pantry)	262-658-1713
Sharing Center (food pantry & Senior dining)	262-298-5535
Twin Lakes Food Pantry	262-877-8228
Women, Infants, & Children (WIC)	262-657-0840

CLOTHING

ELCA Outreach Center	262-652-5545
Goodwill Stores	262-948-8070
Salvation Army	262-564-0286
Sharing Center	262-298-5535

SHELTER

Kenosha Housing Authority (Section 8)	262-653-4120
Kenosha Human Development Services (KHDS) (rental assistance & transitional housing)	262-764-8555
ResCare (emergency housing assistance)	262-697-4634
Shalom Center (emergency shelter & INNS Program)	262-658-1713
Women & Children's Horizons (30-day domestic violence/sexual assault shelter)	262-652-9900 1-800-853-3503

MEDICAL COVERAGE

Online	www.access.wi.gov
By phone	1-888-794-5820
In person - Kenosha Bristol	8600 Sheridan Rd 19600 75 th St

ENERGY ASSISTANCE

UMOS	262-657-2170
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LAW ENFORCEMENT AGENCIES

Burlington Police Dept. 262-342-1100
Kenosha Police Dept. (general information) 262-605-5212
Kenosha Police Dept. (non-emergency) 262-656-1234
Kenosha Sheriff's Dept. 262-653-6600
Pleasant Prairie Police Dept. 262-694-7353
Silver Lake Police Dept. 262-889-4455
Twin Lakes Police Dept. 262-877-9056

GANG PREVENTION

Boys & Girls Club 262-654-6200
Urban League 262-652-2111
Community Impact Programs 262-656-8420

LEGAL ASSISTANCE

District Attorney's Office 262-653-2400
ELCA Outreach Center 262-652-5545
Legal Action 262-635-8836
1-800-242-5840
Public Defender 262-653-6404
Restraining Order Info 262-653-2654
Women & Children's Horizons 262-652-9900
(domestic violence legal & restraining order advocacy)

VETERAN SERVICES

Dry Hootch (peer to peer counseling, a coffee house & a place for veterans to reconnect) 414-988-9828
Kenosha Community-Based Outpatient Clinic 262-653-9286
Kenosha County Veterans Services 262-605-6690
(assistance & advocacy for veterans in obtaining benefits) 262-605-6690
North Chicago VA Medical Center 847-688-1900
1-800-393-0865
Veterans Crisis Line 1-800-273-8255
Vet 2 Vet 1-877-838-2838

SUPPORTIVE SERVICES (cont'd.)

Prevention Services Network (PSN) 262-697-4651
(needs assessment, case management, referrals, & advocacy)
Survivors of Suicide Support Group 262-605-6722
(for people who have lost a loved one to suicide)
Walkin in My Shoes (prevention services for the homeless & emergency shelter assistance) 262-764-0214
Wisconsin Family Ties (advocacy & support for families with children who have mental health issues) 1-800-422-7145

PRESCRIPTION ASSISTANCE

ELCA Outreach Center 262-652-5545

MENTAL HEALTH & SUBSTANCE ABUSE RESOURCE CENTER (KHDS)

Assist with information, resources and connecting individuals and families to services 262-764-8555

EMERGENCY MENTAL HEALTH

If actively suicidal, call 911

For assistance in a mental health crisis including post hospitalization and involuntary hospitalization call KHDS or Adult Crisis or Juvenile Crisis 262-657-7188
1-800-236-7188

or

Be assessed at a Hospital EMERGENCY DEPARTMENT

INPATIENT MENTAL HEALTH

Rogers Memorial Hospital 1-800-767-4411

RESOURCE & INFORMATION CENTERS

Aging & Disability Resource Center 262-605-6646
ELCA Outreach Center 262-652-5545
KHDS Mental Health & Substance Abuse Resource Center 262-764-8555
Prevention Services Network (PSN) Family Resource Center 262-697-4651
Sharing Center, Inc 262-298-5535

**MENTAL HEALTH & ALCOHOL AND OTHER
DRUG COUNSELING SERVICES**

Aalto Enhancement Center	262-654-9370
American Telepsychiatry	414-376-6053
AMRI Counseling Services	262-671-1625
Ascent Counseling Services	224-730-2725
Aurora Behavioral Health Services	262-948-4870
Catholic Charities	262-658-8888
Children's Behavioral Health Services LLP	262-657-5026
Children's Hospital of WI Community Services	262-652-5522
Compassionate Care Counseling	262-652-6311
Dr. Shalini Varma	224-612-2348
Family Psychiatric Services	262-725-4426
Fleming Psychological Services	262-654-8366
Guided Wellness Counseling SC	262-287-1999
Harborside Therapy	262-564-5305
John Hawley	262-384-3590
Horizon Behavioral Health Solution	262-948-1000
Interconnections SC	262-654-5333
Kenosha Community Health Center	262-656-0044
Oakwood Clinical Associates	262-652-9830
Pathways Consulting	262-652-7222
Personal Insight Counseling Services	262-857-8707
Professional Services Group	262-652-2406
Psychiatric & Psychotherapy Clinic	262-654-0487
Rogers Memorial Hospital	262-942-4000
Sue Panger & Associates	262-652-9599
Thrive Therapy Services	262-997-9411
Wellspring Counseling Center	262-554-7215
Wisconsin Tele-Med Network	262-764-7205

**WESTERN KENOSHA COUNTY
MENTAL HEALTH PROVIDERS**

Love, Inc. (Burlington)	262-763-6226
Oakwood Clinical Associates (Paddock Lake)	262-652-9830
Poe and Poe (Burlington)	262-637-8488
Thrive Therapy Services/Equine Therapy (Twin Lakes)	262-997-9411

ALCOHOL AND OTHER DRUG ADDICTION RESOURCES

Alano Club	262-554-7788
Alcoholics Anonymous meetings – www.area75.org	
Comprehensive Alcohol and Drug Treatment Program- Alcohol & Opioid dependence medication assisted treatment	262-654-1004
Heroin Anonymous – www.hawisconsin.org	
HOPE Council on Alcohol & Other Drug Abuse	262-658-8166
Narcotic Anonymous - http://www.sefana.net	262-552-6879
Southport Lighthouse Recovery Club	262-653-9800

HOSPITALS

Aurora Medical Center Kenosha	262-948-5600
Aurora Memorial Hospital of Burlington	262-767-6000
Froedtert South-St. Catherine's Campus	262-577-8000
Froedtert South-Kenosha Campus	262-656-2011

HEALTH CENTER

Kenosha Community Health Center (Medical & Dental)	262-656-0044
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WALK-IN CLINICS

Aurora Medical Center	262-948-5600
Burlington Clinic	262-767-8000
Froedtert South - St. Catherine's Campus	262-577-8600

PREGNANCY

CareNet	262-658-2555
Genesis House of S.E. Wisconsin	262-697-1510
Kenosha County Health Division (also STI/STD testing)	262-605-6700
Paternity Testing (Court ordered)	262-697-4500
Planned Parenthood (also STI/STD testing)	262-654-0491
Postpartum Depression Hotline	1-800-944-4773
Safe Place for Newborns (Answered 24 Hours)	1-877-440-2229
(a parent may confidentially leave his/her unharmed newborn at any hospital in Wisconsin within three days of birth without prosecution)	
WIC (Women, Infants, & Children)	262-657-0840