

# Emergency Preparedness

# GO BAG

## Suggested items to include:

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- All-hazards weather radio & extra batteries
- Flashlight & extra batteries
- At least one bottled water
- First aid kit
- Whistle (to signal for help)
- Dust mask
- Emergency blanket
- Change of clothes
- File of life
- Hygiene items (soap, toothbrush, comb, moist towelettes, tissue/toilet paper)
- Old pair of glasses and/or hearing aid batteries if needed
- 3 day supply of any daily prescription medications
- Copy of identification
- Separate list of important phone numbers
- Extra cash
- Paper/pencil
- Copies of important documents (File of Life, insurance, etc.)

