

# Dementia Services & Support



**ADRC**  
Kenosha County  
Aging & Disability Resource Center

**Dementia is a general term for diseases, such as Alzheimer's, causing changes in memory, thinking and behavior. Dementia impacts the lives of individuals, their families and friends in significant ways. Community supports and services can help!**

## *Dementia Care Specialist*

**Helps individuals and families to:**

- ◆ Understand Alzheimer's disease and related dementias
- ◆ Plan for the future
- ◆ Learn strategies and tools to cope with challenges
- ◆ Obtain needed services

## *Memory Screens*

**We offer:**

- ◆ Free, confidential screening for anyone concerned about memory changes.

## *Memory Café*

**The Memory Café meets once a month:**

- ◆ Individuals and family members gather to share stories and socialize with each other.
- ◆ This connection supports staying physically, socially, and mentally active.

## *Music & Memory*

- ◆ Caregivers learn to use personalized playlists, on iPods or other devices for their loved ones.
- ◆ Research shows musical favorites can improve the ability to engage, converse, and connect.

## *Dementia Live*<sup>®</sup>

### **Experience life with dementia first-hand:**

- ◆ During this 20-minute exercise, participants gain a deeper understanding and empathy for persons living with cognitive impairment.
- ◆ Contact Kenosha Area Family and Aging Services (KAFASI) at 262-658-0237.

## *Additional Supports*

- ◆ Equipment Loan Closet
- ◆ Long-term care options counseling
- ◆ Funding for respite care
- ◆ Family caregiver support groups and classes

## *Dementia Friendly*



We hope that all individuals, businesses, churches and other organizations will join us in creating a community that builds inclusion, eliminates stigma and supports persons with dementia.

## *Call or Visit Us*

### **Kenosha County Aging & Disability Resource Center**

M – F ◆ 8 a.m. – 5 p.m.

Appointments available.

(Additional hours available upon request)

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