

ADRC SPEAKER REQUEST FORM

The Aging & Disability Resource Center is available to provide a variety of educational opportunities for our community. Our staff possesses expertise on an array of topics. Please tell us how we might be of service to your organization by completing the information below.

Organization Name _____

Location of speaking engagement. Please include facility name and address.

Name _____ Street _____

City _____ Zip _____ Room /Hall _____

Mailing Address (if different) _____

Contact Person Name and Title (if applicable) _____

Contact Phone _____ Contact Email _____

Day and date of event _____ Event start time _____ Speaker arrival time _____

Length of requested presentation 15 minutes 1/2 hour 1 hour Other _____

Number of guests (for hand-out purposes) _____ Audio/Visual equipment available _____

Additional comments (things to note?) _____

TOPICS Please chose from no more than 2 catagories, based on interest and length of time. Descriptions of topics located on back.

General ADRC

- ADRC Overview
- Caregiver Concerns
- Paying for Long-term Care
- Transportation
- Transition to Adulthood for Children with a Disability

Dementia Related Topics

- Dementia 101
- Communication & Behaviors
- Safety & Dementia
- Memory Screening
- Dementia Friendly Communities

Adult Protective Services

- Protecting the Vulnerable:
Abuse, Neglect and Exploitation of the Older Adult
- Defining Incompetency vs Incapacity
- Restraining Orders
- Senior Bullying

- The Emotional Impact of Financial Exploitation
- Domestic Violence in the Older Population
- Guardianship 101
- Overview of Advanced Directives

Elder Benefits Assistance

- Welcome to Medicare
- Medicare Health and Drug Coverage
Offered during fall Open Enrollment only
- Help with Health Care Costs
- Medicare & You

Health and Wellness

- Health and Wellness – All available programming
- Falls Prevention
- Disease Self-Management

Thank you for your interest. Someone will contact you within 3 business days upon receipt of form.

RETURN TO: Email completed form to adrc@kenoshacounty.org, fax it to 262-605-6649, or mail it to the address above.

Below is a list of topic descriptions. Each topic notes what type of audience the presentation is designed for. PLEASE NOTE: Professional audience refers to persons who work in the field of aging and/or disability.

GENERAL ADRC

ADRC Overview: *(Community or Professional)*

General explanation of the ADRC and its services.

Caregiver Concerns: *(Community or Professional)*

If you are providing care for a loved one, and would like information on support and resources for caregiving.

Paying for Long-term Care: *(Community or Professional)* (35 - 40 min)

Understanding the different options for long-term care, and how to pay for those options.

Transportation: *(Community or Professional)*

Learn about public transportation choices, how to navigate the area transportation systems, and know you always have a ride.

Transition to Adulthood for Children with a Disability: *(Community or Professional)*

Information on what is available to help young adults as they transition from children's services to adult services.

DEMENTIA

Dementia Series: *(Community or Professional)*

Dementia 101 An overview of preventative measures, common signs and symptoms of dementia. Covers community resources for people living with dementia as well as their caregivers.

Communication & Behaviors Learn about effective communication strategies to lower stress for both the person with dementia and the person caring for them. Gain a better understanding of difficult dementia related behaviors.

Safety & Dementia Learn about dementia and techniques to reduce risks such as falls, wandering, injuries, and medication mistakes.

Memory Screening: *(Community or Professional)*

A memory screen is snapshot in time of memory function. It is not used to diagnose any illness, nor does it replace consultation with a qualified physician or other health care professional.

Dementia Friendly Communities: *(Professional)*

A 30 minute training about dementia and how to better serve those living with dementia in our community. Businesses/organizations commit to train at least 50% of their staff/members and agree to an environmental assessment.

ADULT PROTECTIVE SERVICES (APS)

Protecting the Vulnerable: Abuse, Neglect and Exploitation of the Older Adult: *(Community or Professional)*

An overview of elder and adult at risk abuse, neglect, self-neglect and financial exploitation. It covers the law, who the victims are, who the perpetrators are, how to report abuse and what can happen when a report is made.

Defining Incompetency vs Incapacity: *(Professional only)*

An overview of what the terms mean, why they are different, why it matters and when they are used.

(APS continued in next column)

(APS Continued)

Restraining Orders: *(Community or Professional)*

An overview of the laws of WI related to restraining orders, what they are, how they are used and how to obtain one.

The Emotional Impact of Financial Exploitation: *(Community or Professional)*

An overview of what financial exploitation is and how it happens focusing in on how to prevent it and if it happens, what can be done. Domestic Violence in the Older Population.

Guardianship 101: *(Community or Professional)*

An overview of guardianship in Wisconsin

Overview of Advanced Directives: *(Community or Professional)*

This presentation identifies what an advance directive is, what it does, how to draft one and the differences in the terms and documents used. Focus in this presentation is on the Power of Attorney for Health Care and how that document can be used to provide a place to make a person's wishes known along with who should make those decisions.

ELDER BENEFITS ASSISTANCE

Welcome to Medicare: *(Community or Professional)*

Presentation offered for new Medicare beneficiaries and their families. Provides a description of decisions to make when first enrolling in Medicare. Targeted to elders, persons with disabilities and professionals needing to understand Medicare.

Medicare Health and Drug Coverage: *(Community or Professional)*

Offered in the fall for Medicare beneficiaries to understand Part D and Medicare Advantage choices and how to use the Medicare.gov website.

Help with Health Care Costs: 15-30 min. *(Community or Professional)*

Describes qualifications for help paying Medicare premiums and co-pays and prescription costs. Covers SeniorCare, Medicaid, Extra Help and QMB/SLMB. Targeted to lower-income Medicare beneficiaries.

Medicare & You: Fraud Prevention

HEALTH & WELLNESS

Health and Wellness – All *(Community or Professional)*

Information on all health and wellness program currently available through ADRC. Discussion of disease self-management and falls prevention are included.

Falls Prevention: *(Community or Professional)*

Information regarding current falls prevention programs available through ADRC and tips to decrease falls risks in the community.