



# Wisconsin's Asthma Care Program

Home-Based Asthma Program

## PROGRAM IMPROVES ASTHMA CONTROL

- **Our free program** provides asthma self-management education and home environmental walkthroughs to people with poorly controlled asthma
- **The goal** is to reduce missed school or work days, urgent care visits, emergency department visits, and hospitalizations due to asthma

### PROGRAM DETAILS

- Two in-home sessions with walkthrough; three follow-up calls
- Self-management education by a trained asthma educator
  - Early warning signs and triggers
  - Asthma action plan review
  - Review of asthma medications and proper inhaler use

### WHO WOULD BENEFIT?

Anyone whose asthma causes:

- Missed school or work days
- Emergency department visits
- Hospitalizations
- Urgent care visits

## HOME ENVIRONMENTAL WALKTHROUGH

- Asthma triggers increase the risk of an asthma attack.
- Common asthma triggers include:
  - Trained staff identify asthma triggers in the home and provide recommendations to help reduce triggers.
  - Free asthma trigger reduction items may be provided.



Smoke



Mold



Pet Dander



Dust Mites



Pests

## TAKE CONTROL OF YOUR ASTHMA

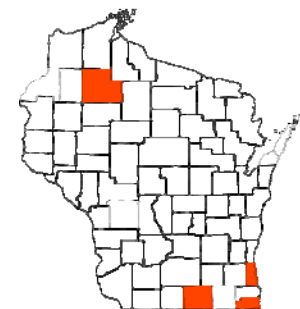
Contact the Asthma Care Home Program in one of the following locations:

**Sawyer County** Public Health  
715-634-4806  
jbjork@sawyerhs.hayward.wi.us

**Kenosha County** Public Health  
262-909-3917  
tessa.kohler@kenoshacounty.org

**Milwaukee County**  
Children's Hospital of Wisconsin  
414-345-7833 (cell)  
414-231-4906 (office)  
dJames@chw.org

**Rock County** Health Department  
608-757-5440  
hillary.harrie@co.rock.wi.us



For program information outside these areas, contact [cristine.rameker@dhs.wisconsin.gov](mailto:cristine.rameker@dhs.wisconsin.gov).

