

Put LIFE back in your LIFE!



Healthy Living with Diabetes

This FREE, 7-week, evidence-based program from Stanford University has helped people worldwide to:

- Be in control & feel better
- Have more energy
- Use new tools to manage their diabetes
- Do the things they WANT to do

Online workshop starts July 13, 2020

If you have diabetes or care for someone who does, and are a Kenosha County resident, call the

ADRC: 262-605-6646

to learn more and to register. Once registered, you will receive connection instructions

