

SUSTAINABLE KENOSHA COUNTY

An initiative of Kenosha County Executive Jim Kreuser in partnership with Extension Kenosha County and the Kenosha County Department of Public Works and Development Services. For more information, contact Christine Wasielewski at christine.wasielewski@wisc.edu.



HOUSEHOLD HAZARDOUS WASTE COLLECTION EVENT

In order to protect the health and safety of Kenosha County residents, employees and waste service providers during the COVID-19 pandemic, the 2020 Kenosha County Household Hazardous Waste Collection Event has been rescheduled from Saturday, May 2nd to **Saturday, July 25th**.

KENOSHA COUNTY COVID-19 RESPONSE HUB

In the interest of helping our community to “sustain” itself during this pandemic, several Kenosha County divisions collaborated recently on the development of a COVID-19 Response Hub information center on the county website.

The page includes local, state and national statistics on COVID-19, updated daily, plus links to relevant resources and answers to frequently asked questions.

A dashboard tool on the site allows users to see confirmed cases of COVID-19 plotted out by census tract within the county, plus breakdowns of cases by race and ethnicity, age, gender and municipality.

Additionally, the site includes a mapping tool designed to help people find food resources, including food assistance, restaurants that are offering takeout and delivery, and grocery stores.

The hub also links to a financial resources site maintained by the UW-Madison Division of Extension, with answers to commonly asked financial questions related to COVID-19.

The site was developed by the county’s Division of Land Information and the Division of Health, with assistance from the Division of Information Technology, Extension Kenosha County, and the County Executive’s Office.

The hub site may be accessed by clicking the flashing red button on the top of the county homepage, or by going directly to www.kenoshacounty.org/covid-19.

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QUOTE

We are very excited to roll out this timely resource page to help our residents navigate the COVID-19 emergency on a variety of fronts

- Dr. Jen Freiheit, Kenosha County Health Officer



COUNTY EMPLOYEE RESOURCES



EAP (Employee Assistance Program)

Offers short-term counseling over the telephone to help you and members of your household manage everyday life issues. The current situation can have an impact on mental health. Professional counselors are available to provide confidential assistance to you, at no cost. Visit www.humana.com/eap.

Humana

Humana is continuing to expand its coverage to help protect members and reduce the spread of COVID-19. For additional information and support, visit www.humana.com/coronavirus/covid19-humana-member-resources.

FOOD ACCESS RESOURCES

Food access is something we're all thinking about lately. The pandemic has revealed a few kinks in the complex supply chain that gets food to our tables, meanwhile local farms continue to plant seeds, milk cows, and care for newborn animals. Here are some tips for how you can support Wisconsin farmers and access local food:

- Reduce trips to the grocery store this summer by signing up for a Community Supported Agriculture (CSA) share from a local farm. A CSA share will provide you with a regular allotment of fresh vegetables and other farm products throughout the growing season. To find farms that offer CSA shares, visit farmfreshatlas.org or contact Leigh Presley at leigh.presley@kenoshacounty.org to find one that operates in or delivers to the Kenosha area.
- If you have freezer space, stock up on meat by buying it in bulk from a local farm. This is often a more affordable way to source protein than small and frequent purchases from the grocery store.
- Buy Wisconsin dairy products – look for the Wisconsin Cheese logo on your next block of cheddar. Consider making a donation to the Hunger Task Force's new Dairy Recovery Program, www.hungertaskforce.org/dairy/, which supports dairy farmers while supplying milk to emergency food organizations.
- Curious about gardening? Consider purchasing started vegetable plants from local farms and garden centers. Many have come up with creative ways to take orders and get plants to you with limited in-person contact.
- Buy food at the farmers' market. The shopping experience at markets will be different this year, with new policies in place to protect shoppers and vendors, but the farmers' commitment to providing fresh and safe food is unchanged. Check out these local markets this summer.



- Weekday markets in Kenosha:
 - Pennoyer Park, Tuesdays 6:00am to 12:00pm, starting June 2
 - Columbus Park, Wednesdays 6:00am to 12:00pm, and Saturdays, 6:00am to 1:00pm, starting June 3
 - Lincoln Park, Thursdays 6:00am to 12:00pm, starting June 4
 - Baker Park, Fridays 6:00am to 12:00pm, starting June 5
- Kenosha HarborMarket, tentatively opening Saturday, May 16, 9:00am to 2:00pm. Visit <https://kenoshaharbormarket.com> for more details.

HORTICULTURE HELP LINE

The Extension Kenosha, Milwaukee and Racine Counties Horticulture Helpline opened for the season on April 1st to connect gardeners with research-based answers to lawn and garden questions.

The hotline is accessible 24/7 through voicemail and e-mail. Master Gardener Volunteers are assisting the Horticulture Educator Vijai Pandian in answering inquiries Monday through Saturday.

Due to the COVID-19 outbreak, in-person consultation at the respective county locations and at Boerner Botanical Gardens will not be available until after the Safer at Home order issued by Governor Evers is lifted.

To reach the Horticulture Helpline, gardeners can call (608) 298-6945 and leave a voicemail or email planthealth.advisors@extension.wisc.edu.

Photos of the plants or lawn in question are encouraged and can be attached to an email that describes the issues being experienced.

Currently, due to COVID-19 restrictions the Horticulture Helpline is not able to accept samples for analysis.

For more about the Horticulture Helpline, visit go.wisc.edu/planthealthadvising.

QUOTE


This year, the Horticulture Helpline has expanded its season to start on April 1st and run through October to better serve the communities in Kenosha, Milwaukee and Racine Counties during COVID-19

- Vijai Pandian, Extension Horticulture Educator


Lawn or Garden Questions?

Kenosha, Milwaukee, and Racine County

Phone:
608-298-6945



Scan QR code to send e-mail



TAKING CARE OF YOU

As obligations and options we normally schedule have altered for many – it has changed how we are filling minutes and hours in our days.

Time stress had typically been a dance of morning routines planned down to the minute, workdays with general schedules to follow, and evenings filled with getting to the next commitment and back home, before doing it all again.

While the adjustment of different routines has continued to evolve, many people have now found themselves having to construct their time completely differently. Some of us now have an abundance of time due to all sorts of eliminated options and some of us feel additional or new time constraints due to a different set of needs.

Whether you are now feeling much less busy or feeling more pressure and added responsibilities, practicing to have more awareness of what you are doing while you are doing it does not take any extra time.

We are now washing all of the dishes all of the time; practice bringing more awareness to this. Pay attention to the warmth of the water and how it feels.

Take in the scent of the dish soap that perhaps you chose after flipping open the cap of four options back when you purchased the bottle. As you're able to be outside for a walk or to sit, listen for the birds in the trees, feel the breeze of the spring air, notice your breath in those moments.

Continue to practice awareness in different parts of the day, using your senses to guide you.

