

## Non-Face-to Face Recovery Support Options

### By Phone:

<http://AAPHonemeetings.org>

<http://NAbyPhone.com>

### Online:

<http://smartrecovery.org/community> (registration required for access)

<http://AA-intergroup.org>

<http://Intherooms.com>

<http://myrecovery.com>

<http://neveraloneclub.org> (NA online meetings)

<http://unityrecovery.zoom.us/my/allrecovery>

### Podcasts:

Mother Recovering: [motherrecovering.com/listen/](http://motherrecovering.com/listen/)

This Naked Mind: [thisnakedmind.com/category/podcast/](http://thisnakedmind.com/category/podcast/)

Recovery Elevator: [recoveryelevator.com/podcasts/](http://recoveryelevator.com/podcasts/)

Sober Girl's Guide: [asobergirlsguide.com/podcast](http://asobergirlsguide.com/podcast)

That Sober Guy: [thatsoberguy.com/podcast](http://thatsoberguy.com/podcast)

### YouTube Videos:

AA Speakers

NA Speakers

Celebrate Recovery

SMART Recovery

**Helpful Apps:** AA Big Book, NA Speakers, Celebrate Recovery, Recovery Devotionals, Recovery Path, Sober Tool, 7 cups of Tea,